

# Three Springs Pool Rules

## **Behavior:**

- No running on concrete deck, in the baby pool, or on wheelchair ramp (running is only allowed in the grass)
- No smoking or vaping except in the designated area in the parking lot
- No outside food or drinks permitted beyond gate during public pool hours
- No food or drinks in the water
- No roughhousing or aggressive behavior
- No pushing people in from the edge of the pool, off the diving board, or on the slides
- No sitting on shoulders (no chicken fights)
- No lifting/throwing people (in or out of the pool)
- No vulgarity, such as, swearing, playing inappropriate music, or hand gestures
- No hanging, sitting, or playing on the ropes or the railings
- No pets on pool grounds
- No vandalizing, destroying, or stealing pool or other patrons' property/belongings
- All children should be supervised by a trusted adult at all times (lifeguards are here in case of emergencies and to keep everyone safe – not to babysit)
- Throw all trash away in designated bins
- Do not engage the lifeguards in unnecessary conversation
- Lifeguard stands are strictly for lifeguard use, do not touch them
- Appropriate swimwear must be worn at all times
- Spitting, spouting water, blowing your nose, or discharging any bodily waste in the pool is strictly prohibited
- Jumping in from the side of the pool is permitted in the 2-3ft and 3-5ft sections
  - No running and jumping
  - No jumping on, over, or near other swimmers
  - No diving or jumping in headfirst from the side of the pool

## **Weather:**

- Patrons will be cleared from the pool at the first sight/sound of any lightning/thunder and must remain out of the pool until 30 minutes after the last sign of it.
- During this time you must stay clear of the waters edge (including the baby pool)

## **Floating devices:**

- Life jackets, infant tubes, puddle jumpers, and arm floaties are permitted in 2-3ft section with adult supervision.
- Children with floatation devices are permitted in the 3-5ft section when accompanied by someone 13 years or older and the child must be within an arm's length of the supervisor at all times.
- No floatation devices on the slides (limits arm movement necessary to climb ladder)
- Absolutely NO floatation devices in the diving area
- Tubes, rafts, and other large floatation devices are strictly prohibited
- Exceptions to the life jacket policy may be made for individuals with disabilities at the lifeguards' discretion.

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## **Toys and Balls:**

- Small toys and balls are permitted as long as they do not disturb others
  - On busy days, you may be asked to remove your toys/balls from the pool
- Excessively large balls are not permitted in the water (blocks the view of water from guards and may be too difficult for patrons to safely swim while holding)
- Pool noodles are permitted for leisure and exercise use but cannot be used as flotation devices or weapons.
- Goggles are permitted, but it is the responsibility of the owner to retrieve them if they are lost.

## **Slides:**

- One at a time on the slide (including the ladder)
- Must wait at the bottom of the ladder until the person in front goes down the slide
- Must use ladder (no climbing on from the side)
- No standing on the slide
- Must be in an upright sitting position with legs first (no laying down)
- Upon landing in the water, quickly clear the landing area

## **Diving Board:**

- Swim test will be given as lifeguards see fit (or upon request)
  - Swim test is the length of the rope that sections off the deep end of the pool
  - Patrons must swim the entire length without touching the rope, the bottom, or getting any assistance from others or flotation devices to pass the test.
- In order to go off the diving board you must be able to independently swim to the ladder **without** using the wall for assistance.
- No leisure swimming in the diving area
- No sitting on edge of pool in diving area
- One at a time on the diving board
- Must wait for person in front of you to reach the exit ladder before you jump from the diving board
- Must enter the water off of diving board (no jumping from deck)
- Must exit using nearest ladder or swim beyond the rope (no climbing out on side of pool in deep end)
- Must dive straight out from diving board, not toward the wall
- No hanging on the diving board or the railings.

## **Consequences:**

- The lifeguards and management reserve the right to discipline those who violate these rules. Consequences include, but are not limited to, the following and will be given out based on the severity/frequency of the violation(s).
  - Sitting on the bench for a designated period of time
  - Being asked to leave the pool for the day
  - Being banned from using the slide and/or diving boards for a period of time
  - Being banned from the pool for a length of time

Signature \_\_\_\_\_ Date \_\_\_\_\_